

Trojan boys go outdoors twice, finish second twice

Written by Peter Nocerini

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Forest Park's Mark Hallmann builds up a big lead during the first leg of the 3200-meter run. The Trojans took second in the event.

CRYSTAL FALLS—Forest Park's track team opened its outdoor season on the right foot last week. At Florence on April 23, both the girls and boys finished in second place. On April 26 at Niagara, the boys team finished second, and the girls were fourth.

Gina Graff won the girls discus competition at both meets with nearly identical throws. Also winning at both meets were two relay teams: the boys 1600 and the girls 400.

At Florence, the Trojan girls won all three relays they entered plus two individual events: Graff in discus (101 feet, 11 inches) and Adel Isaacson in the 3200 (14 minutes, 49.76 seconds).

Casey Ponchaud was second in the 1600, and Shaine Bortolini was second in long jump. Mary Grandahl and Sierra Sholander ran in two winning relays.

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The Lady Trojans finished second. Norway (122) took first, followed by FP (106) and North Dickinson (92).

3200 relay: 1. Forest Park (Maria DeMuri, Casey Ponchaud, Michelle Lato, Adel Isaacson), 11:55.31.

100 int hurdles.: 3. Audrey Sholander, 16.77.

100: 3. Ana Cornelia, 13.62.

1600: 2. Ponchaud, 6:37.42; 3. Lato, 6:41.30.

400: 5. Shaina Bortolini; 6. Jordyn Blank.

400 relay: 1. FP (Mary Grandahl, Sierra Sholander, Becca McCole, Cornelia), 57.26.

300 low hurdles: 6. Susie Toivonen.

800: 4. DeMuri; 5. Gina Maki.

3200: 1. Isaacson, 14:49.76; 3. Kelsi Hendrickson, 15:26.38.

1600 relay: 1. FP (Grandahl, Georgie Dohl, S.Sholander, A.Sholander), 4:40.82.

High jump: 5. McCole.

Long jump: 2. Bortolini, 13-0.

Discus: 1. Gina Graff, 101-11.

Shot put: 4. Graff.

The boys team got wins at Florence from Jake Divine (800, 2:12.66), Mark Hallmann (3200; 11:42.10) and the 3200 and 1600 relay teams.

Hallmann was also second in the 1600 run, and Jacob Siler was second in three events, the 100, 200 and 400 sprints. Divine ran in two winning relays.

The Trojans finished second with 113 points, behind Niagara (128) and ahead of North Dickinson (101). Six teams entered.

3200 relay: 1. FP (Mark Hallmann, Micah Ball, Jon Curtis, Jake Divine), 9:20.88.

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100: 2. Jacob Siler, 11.41; 6. Brett Hietala.

1600: 2. Hallmann, 5:12.95; 6. Curtis.

800 relay: 2. FP (Alex Takala, Kurt LaVacque, Hietala, Chris Hilberg), 1:40.96.

400: 2. Siler, 56.27; 5. Takala.

300 int. hurdles: 3. Joe McGregor, 56.45.

800: 1. Divine, 2:12.66.

200: 2. Siler, 24.42; 5. Hietala.

3200: 1. Hallmann, 11:42.10; 4. Ball.

1600 relay: 1. FP (Takala, LaVacque, Hilberg, Divine), 3:52.41.

High jump: 3. Hilberg, 5-4.

Long jump: 5. Hilbberg.

Discus: 3. Ben Paige, 90-6; 6. Steve Hallmann.

At the Niagara Invitational, held April 26, the Trojan boys finished second in a field of eight teams.

Firsts went to Derek Aberly in the 400 (54.99), Tyler Lovato in the 300 intermediate hurdles (40.71) and the 800 and 1600 relay squads. Alex Takala and Kurt LaVacque were on both winning relays.

Siler took second in the 100 dash, as did the 3200 relay team.

Crivitz (126) won the team title, while the Trojans (87) edged the host school (84) for second place, followed by Iron Mountain (73) and North Dickinson (71). Full results:

3200 relay: 2. FP (Mark Hallmann, Micah Ball, Jeff Marchi, Derek Aberly), 9:22.90.

110 high hurdles: 4. Tyler Lovato, 18.20.

100: 2. Jacob Siler, 11.77.

1600: 4. Hallmann; 6. Lance Mongar.

800 relay: 1. FP (Alex Takala, Kurt LaVacque, Brett Hietala, Siler), 1:38.80.

400: 1. Aberly, 54.99; 5. Chris Hilberg.

400 relay: 4. FP (LaVacque, Max Peterson, Hietala, Siler).

300 int. hurdles: 1. Lovato, 40.71.

800: 3. Hallmann, 2:18.05.

200: 6. Hietala.

3200: 4. Mongar.

1600 relay: 1. FP (Takala, Hilberg, LaVacque, Aberly), 3:46.98.

Pole vault: 6. Toby Ross.

High jump: 3. (three-way tie), Hilberg, 6-6.

For the girls, Graff earned another first place in discus with a toss of 101-10—an inch off her winning distance at Florence three days earlier.

Also winning were the 800 and 400 relay teams, while the other two relays were second. Grandahl and Sierra Sholander were on both winning relays. Michelle Lato was second in the 3200.

West Iron (113.5) won the girls team title, with Norway second (104.75), followed by Niagara (72.75) and the Lady Trojans (64). Full results:

3200 relay: 2. FP (Maria Dimuri, Casey Ponchaud, Gina Maki, Michelle Lato), 11:48.46.

100 high hurdles: 5. Audrey Sholander.

1600: 3. Ponchaud, 6:24.90.

800 relay: 1. FP (A.Sholander, Sierra Sholander, Mary Grandahl, Ana Cornelia), 1:58.08.

400 relay: 1. FP (Grandahl, Becca McCole, S.Sholander, Cornelia), 57.17.

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800: 5. Ponchaud.

3200: 2. Lato, 13:59.14.

1600 relay: 2. FP (Grandahl, McCole, S.Sholander, A.Sholander), 4:30.08.

Discus: 1. Gina Graff, 101-10.

- This week, the Trojans had a meet at North Dickinson on May 1. They are at the Norway Invitational May 7.